

# DUAL CAREER: 2<sup>ND</sup> WORKSHOP CONCLUSIONS

University of Thessaly



# INTRODUCTION


- The Department of Physical Education and Sport Science of University of Thessaly has organized the 2<sup>nd</sup> Workshop (5<sup>th</sup> November of 2015) of Dual Career with a significant big number of students–athletes as participants.


# PURPOSE


- The basic purpose of the workshop was to discuss in more practical aspect not only the problems that active Students-Athletes are facing but merely the way (how) that a potential Sport Tutor Model could provide considerable assistance during their student-life.


# CONCLUSIONS

- All the participants agreed on the need of existence of a framework that could facilitate their sport performance during their academic years.
- They strongly believe that such an option could provide them more “freedom” during their practice in order to be solely dedicated to their sport activities.


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- Students that participated to the workshop not only agreed for the existence of such a concept but also recommended that this framework should be “active” for their transition from the graduate to postgraduate studies since they are facing significant difficulties at the moment.

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- They recommended a number of issues that should be incorporated and provided from the sport tutor.
  - The diverse group of participants provided a clear image of the issues that a model should incorporate.
  - Attempting to categorize them, students focused on 2 basic aspects; *i) Organizational* and *ii) Educational*.

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- All the students that participated in the workshop agreed that due to their “heavy” schedule (studies and practicing at the same time) they are missing significant amount of information that is related with their decision for postgraduate studies.
  - The existence of the Sport tutor model could assist them not only for their decision for a Postgraduate degree but also for the preparation needed for the submission of the relevant application.

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- A big debate emerged concerning the “*status*” of the model. Whether the sport tutor would be represented by a physical presence (under scheduled visits) or whether it might be applicable to be supported through technology (a dynamic platform, distance learning, etc).
  - In both cases the (+) and (-) were carefully stressed and justified.



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- Students-athletes stressed the importance of flexible forms of education (distance learning, e-class, virtual learning environment, etc)
  - Students agreed that all the above forms of education delivery provide them with flexibility in terms of timing and location
  - Although the existence of a distance learning program sounds more applicable however it was generally accepted that the “physical” meeting would be equally beneficial for both sides.



**THANK YOU OF YOUR ATTENTION**