

University of Thessaly

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/ Career Services Office

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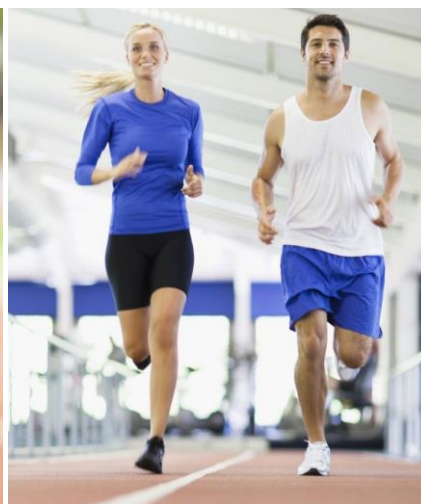


UNIVERSITY OF THESSALY

WORKSHOP: "PRESENTING THE SPORT TUTORSHIP MODEL, EXPERIENCES AND SUGGESTIONS FOR THE FUTURE"

REPORT MAY, 2016

European Project: Developing an innovative European Sport Tutorship model for the Dual Career of athletes – ESTPORT



ESTPORT
Dual Career



Co-funded by the
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University of Thessaly: Partner description

University of Thessaly (UTH) constitutes basic partner of the **ESTPORT** consortium with the twofold participation of both the Department of Physical Education, Sport Sciences and the Career Services Office (CSO) of the Institution. The Department retains extremely significant research experience since most of the faculty member are engaged in research projects and innovative activities of national and international impact, such as: authoring physical education books for Greek primary and secondary education, implementing innovative European projects (e.g. through FP7), incorporating published data into guidelines of international agencies such as the European League Against Rheumatology, editing international scientific journals and organizing international conferences. The enhanced profile of the Department ensures the smooth implementation of the ESTPORT objectives and the provision of the necessary added value.

In addition University of Thessaly has a clearly advanced presence in the ESTPORT project with the active participation of the Career Services Office (CSO). Since CSO is basically activated with problems related to labor market, jobs availability, and career issues, it will adopt a supplementary role in order to serve the needs and the objectives of the ESTPORT contributing in terms of addressing successfully issues related with the dual career of athletes.

University of Thessaly ESTPORT team members

Mr Athanasios Koustelios is a Professor of Sport and Recreation Management in the Department of Physical Education and Sport Science prior Vice Rector of Academic Affairs at the University of Thessaly (2013 – 2014). Mr Koustelios being director of the Sport & Recreation Management Laboratory (D.P.E.S.S.), represents significant research record with parallel involvement in the setting up of the first European Master Program in Sport Tourism (International Master In Sport Tourism Engineering, IMISTE). Mr Koustelios as scientific coordinator in many other similar European and National projects (e.g. Dual Career of Greek athletes) will be the appointed as Scientific Manager of UTH, being responsible for coordinating activities within UTH, particularly regarding the development of the Sport Tutorship programme.



The ESPORT team

Ms Eleni Zournatzi: She is a member of the Sport & Recreation Management Laboratory in the Department of Physical Education and Sport Science of University of Thessaly. She is active member of similar project initiatives contributing to the development of an integrated and flexible program of distance education and coaching / mentoring targeted at former and current athletes (dual career of Greek athletes).

Mr Charalampos Samantzis: He is the Managing Director of the Career & Lifelong Learning Center of the University of Thessaly with particular focus in the design, development and provision of a range of career oriented functions. These functions include providing a comprehensive range of services, programs, and materials focusing on career exploration, skill development and placement services. Mr Samantzis presented enhanced activation in the provision of innovative employment services through the implementation of various European initiatives providing adequate services and resulting in employment opportunities and increased level of employment.



Task identity: Workshop on Sport Tutorship Model

The proposed deliverable activity: **“Organization and development of the third Workshop on Dual Career issues and on the Sport Tutorship program”** is part of the ESTPORT Working Package no. 2 (Development and Implementation of the Sport Tutorship programme). The basic theme of this 3rd Workshop was ***“Presentation of the Sport Tutorship Model in the University of Thessaly; experiences and challenges for the students-athletes”*** with basic objective to present the first experiences of the new innovative tool of Sport Tutorship Model from the participated students-athletes of University of Thessaly.

This 3rd Workshop was organized and categorized in the following thematic sessions:

- a) The fundamental aspect and the Institutional role of Sport Tutor in the Greek higher Educational Institute discussed through an intensive panel constituted by Sport professors, experts and coaches.*
- b) The basic aspects of the Sport Tutorship model as it has been designed and developed with the input received from the previous workshops and the results of the related research*
- c) The experiences and the problems that the elite students that participated in this pilot, preliminary stage of the Sport Tutorship Model*
- d) The changes and the obstacles that should be determined in order to improve the efficiency and the overall role of the Sport Tutor.*

Presenting the role of Sport Tutor



According to the proposed activity description (as it has been determined in the project proposal) the Department of Physical Education and Sport Science of University of Thessaly (basic partner of ESTPORT project) has organized the 3rd Workshop (19th May of 2016) of the “Sport Tutorship Model” in the premises of the Department capitalizing the input received from the previous 2 workshops that were successfully implemented for the purposed of the present project and inherent activity.

The overall objective of the present workshop was to present the first implications of the Sport Tutorship Model that was designed and piloted in elite group of students from the Sport Department of University of Thessaly that participated in the workshop. Their contribution has been facilitated from the intensive interaction with a number of academic (Sport) professors and professional coaches from various sports discussing in a rather practical way both the prospects and the challenges that might arise through the proposed Sport Tutorship Model.

Students-athletes and professors (tutors) participating in the 3rd Workshop



The synthesis of the workshop was really successful and efficient since all the elite-students of the Department had the opportunity to present their experience and at the same time to “exchange” thoughts and ideas with their professors about the role and the importance of the proposed tutorship tool. However both the 2 participating groups of related actors agreed that the proposed Sport Tutorship Model is in the right direction and several fundamental changes should be introduced.

Mr Charalampos Samantzis basic staff member of the ESPORT team launched the 3rd Workshop with an analytical presentation of the overall concept and the basic parameters of the Sport Tutorship Model as it has been designed to meet the needs of the students of University of Thessaly.

Mr Samantzis presented all the related stages (phases of implementation) of the Sport Tutorship Model where an integrated discussion followed its separate phase incorporating both the experiences of the Sport athletes that participated so far but also the problems identified from the sport tutors (professors).



The interventions from all the participated actors provided significant feedback and input that will be used for the update and the final formulation of the Sport Tutorship Model. All the participated stakeholders in the workshop agreed that the Model is in the right direction and its importance should be better highlighted and promoted in the Greek academic and sport national context.



Following the presentation of the Model, Professor Mr Koustelios developed the role of the sport tutor in the Model, with particular emphasis both to the importance and the responsibilities that should undertake the tutors in this process. Mr Koustelios's presentation included 2 separate aspects related with the Sport Tutors role. Firstly Mr Koustelios presented the institutional framework and the obstacles that are inherent and might affect the overall effectiveness of the model.

Significant aspects of the present academic environment were identified as critical aspects for the further improvement of the model. In a next level Mr Koustelios has highlighted the fact that beyond these problems and obstacles there are really significant challenges and opportunities that might arise through the institutional role of the Tutors. At this point there was an intensive

discussion between the present academics were all agreed that the present model while it is in the right direction should be further re-adjusted to the present unfavorable economic and social environment that rather affects the overall performance of the students-athletes both in their sport and academic life.

Sport Tutorship Model: Experiences and challenges

The core content of the workshop included analytical presentation of the experiences of the elite team of students-athletes that has been selected in order to participate in the innovative overall “challenge” of the Sport Tutorship Model.

All the participated members of the group had the opportunity to share their experiences and their difficulties that faced during the application of model with a particular focus on the problems that were identified and that should be further solved in order the effectiveness of the model to be improved in the near future.

Discussing their experience of the Sport Tutorship Model



All the students –athletes that participated in the workshop had the chance to reveal all their present experience of their academic life so far and how it could be better improved through an institutional change occurred with the successful application of the proposed Sport Tutorship Model. Their unique experience was distributed among the rest of the students-athletes were significant implications were identified among the students-athletes that were active in different sports and have selected different “academic” directions. While all the present students-athletes had the opportunity to present themselves and discuss about their experience in the new Model a big discussion between the Tutors and the Athletes. Tutors (academics and coaches) attempted to

deal with all the related difficulties and obstacles presented by students-athletes explaining them that there is a need of constant adjustment to the new reality underlying their academic life.

At this stage students-athletes that participated in the workshop all of them agreed that every new initiative introduced in their daily reality like this proposed by the Sport Tutorship Model should be adopted and recognized from all the stakeholders involved both in their academic and sport life. Particularly in their academic environment the Sport Tutorship Model should be recognized and adopted from the Department and the University in general. It has to be clear to all the relevant actors that this excellent opportunity provided from the ESTPORT project should not be considered as another project output but a significant implication that should be introduced in a permanent basis with institutional framework.

Discussing their experience of the Sport Tutorship Model



Another basic aspect discussed in the present workshop was the content of the tutorship provided to the Sport student. Due to the present socioeconomic environment it has been accepted from both Tutors and students that the proposed tutorship model should be updated with more career – oriented services available for the students providing them a set of career related services and facilitating their access to the labor market.

Key results of the Workshop

Basic Assumptions

This third Workshop can be considered as very successful providing significant input for the further development of the proposed Sport Tutorship Model. The workshop included a rather intensive interaction between sport-athletes and academics-tutors where some different approaches were exchanged, providing a deeper understanding of the importance of an integrated context of dual career for Greek students/athletes through the design and the development of the Sport Tutor Model as prerequisite condition to enhance and facilitate the access to the available career employment opportunities.

The implementation of the event can be considered as very successful since it gathered the interest and the participation of a significant number of stakeholders and actors that had the opportunity to be further familiarized with the Sport Tutorship Model and provide their input for the further adjustment and development in order to be able to serve the needs of the “elite” students.

More particular some of the most critical assumption:

- a. It is highly important to define and determine the profile of the Sport Tutor in the framework of the Sport Tutorship Model. A significant set of capabilities and skills should be defined as necessary in order to be able to serve the critical role of the sort tutor.
- b. Following (a) students that participated to the workshop not only agreed for the existence of such a concept but also recommended that this framework should be “active” for their transmission from the graduate to postgraduate studies since they are facing significant difficulties at the moment.
- c. It has been recognized that the proposed Sport Tutorship Model should be introduced in a more permanent basis as institutional service available to a broader group of interested students-athletes.

- d. The Sport Tutorship Model should be updated with a more career intensive set of available services that could facilitate their access to the labor market. Sport Athletes that participated in the workshop proposed some additional needs and “requests” that should be included in the process of the further development of the model.
- e. For the same reason mentioned above (d) all the students require an integrated support in terms of career/employment services. The “building” of an appropriate curriculum vitae with the relevant cover letter, the preparation for a job interview are aspects “unknown” for them. Subsequently the existence of an experienced person that could support them towards the employment direction would increase their possibilities for smooth transition to the labor market.
- f. Some more fundamental issues were slightly addressed and merely those regarding the fundamental aspects of the proposed model. In order to be able to “capitalize” its unquestionable positive influence the Model should be considered as a permanent academic service which will be provided to the students-athletes that meet specific criteria. Subsequently some additional issues concerning the “profile” of the appropriate tutor emerged since not all the academic staff contains the required skills and competences.

Promotional and Marketing Awareness

University of Thessaly adopted similar intensive marketing strategy (following the successful one adopted in the 1st workshop) in order to ensure the best output in terms of promoting and diffusing the second Workshop. Specifically the working team of University of Thessaly implemented all the required dissemination activities for the effective promotion of the 3rd Workshop and the widespread information of the stakeholders.

- ✓ **Poster.** For the purposes of this second workshop a relevant poster was designed and prepared according to the publicity rules proposed from the Project coordinator. The poster has been “circulated” among all the existent premises of the Department of Physical Education, Sport Sciences and the Career Services Office of the University. Additionally and according to the feedback received after the 2 previous workshops posters were published to the facilities of other departments as well.



✓ Invitation letter

Στο πλαίσιο υλοποίησης του Ευρωπαϊκού Προγράμματος «**Ανάπτυξη ενός καινοτόμου μοντέλου υποστήριξης και εποπτείας για τη διπλή σταδιοδρομία των αθλητών/φοιτητών**» - ESTPORT, χρηματοδοτούμενο από το Erasmus+ Sport,

Το Τμήμα Επιστήμης Φυσικής Αγωγής και Αθλητισμού (ΤΕΦΑΑ) διοργανώνει ειδικό θεματικό εργαστήριο με αντικείμενο:

«Ανάπτυξη του μοντέλου εποπτείας, οφέλη και εμπειρίες»

Το εργαστήριο θα υλοποιηθεί την Πέμπτη 19/05/2016 και ώρα έναρξης 17:00 στην αίθουσα συνεδριάσεων του ΤΕΦΑΑ



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of the European Union

1. a) Internal web/press coverage.

- Promotion through the website of the **University of Thessaly**, <http://uth.gr/news/2970-20151109-estport>
- Promotion through the website of the **Department of Physical Education & Sport Science**,
- paidis.com/tag/εργαστήριο/
- Promotion through the website of the **Career Office**, <http://www.career.uth.gr/2014-11-13-07-40-45/estport/developing-an-innovative-european-sport-tutorship-model-for-the-dual-career-of-athletes-estport/20979-l-r>
- Promoting through the mailing list of Career Services Office's Sport graduates data base.

b) Publication to the social media, (Facebook)

✓  **Samantzis Babis** πρόσθεσε 2 νέες φωτογραφίες.
17 Μαΐου 2016 · Βόλος, Thessaly · 🌟 ▼

Την Πέμπτη 19/05/2016 θα πραγματοποιηθεί στο ΤΕΦΑΑ και στο πλαίσιο υλοποίησης του Ευρωπαϊκού Προγράμματος: "Developing an innovative European Sport Tutorship model for the dual career of athletes / ESTPORT" θεματικό εργαστήριο με αντικείμενο: «Ανάπτυξη του μοντέλου εμποτίειας, οφέλη και εμπειρίες».

Στο workshop θα παρουσιαστεί το μοντέλο υποστήριξης των φοιτητών/αθλητών ως βασικό παραδοτέο του έργου από το συντονιστή του προγράμματος κ. Σαμαντζή Χ.



III Workshop
"Sport Tutorship Programme"

στο πλαίσιο του ευρωπαϊκού προγράμματος
ESTPORT: Developing an innovative European Sport Tutorship model for the dual career of athletes

Αίθουσα Συνελεύσεων



Πρόγραμμα Ημερίδας

Πρόγραμμα εκδήλωσης
16:45 - 17:00 Εγγραφή - εστιατόριο
17:05 - 17:35 «Ο ρόλος του Sport Tutor, Έναος & Θεωρεί ολόκληρο» • Αθανάσιος Κουσιώτης, Καθηγητής Επιστ. Παιδείας, προπονητής ESTPORT
17:35 - 17:45 «Παρακολούθηση μοντέλου εκπαίδευσης μέσω του Ηλεκτρονικού ESTPORT» • Δημήτριος Σαραντάκος, Παιδαγωγός (Σχολείο Δευτεροβάθμιας Σχολικής)
17:45 - 18:45 «Αναδεικνύοντας το ρόλο και τη σημασία του Sport Tutor» Κατά την διάρκεια της ημερίδας θα πραγματοποιηθούν: • Διάλεξη: Γεωργίου, Δανάη, Καθηγήτρια ΤΕΦΑΑ-ΓΣ, Προπονητής Φυσικής Καλλιέργειας, • Διάλεξη: Σαμαντζή, Χρήστος, Καθηγητής ΤΕΦΑΑ-ΓΣ, Προπονητής Στίβου, • Διάλεξη: Παπαδόπουλος, Καθηγητής Φυσικής Αγωγής, Προπονητής Πάλης, • Γεύμα: Αθανάσιος, Καθηγητής Φυσικής Αγωγής, Προπονητής Ποδοσφαίρου
18:45 - 19:00 Συζήτηση (επίσημο δείπνο)
19:00 - 20:00 «Εργαστήριο και διάγραμμα παρακολούθησης «Αθλητών» Φοιτητών από τη συμμετοχή τους στο πρόγραμμα ESTPORT» • Αθανάσιος Κουσιώτης, Καθηγητής ΤΕΦΑΑ-ΓΣ, Αθλητής στίβου • Αθανάσιος Κουσιώτης, Καθηγητής ΤΕΦΑΑ-ΓΣ, Αθλητής στίβου

Μου αρέσει! Σχολιάστε Κοινοποιήστε

👍👍 Dimitris Papakostas, Efi Katsidou και 21 ακόμη

1 κοινοποίηση

 **Φιλομήλα Μουγιαννίνη** Καλη επιτυχια,Μπαμπη!
Μου αρέσει! · Απάντηση · 17 Μαΐου 2016 στις 4:50 μ.μ.

 **Samantzis Babis** Σε ευχαριστώ Φιλομήλα!!
Μου αρέσει! · Απάντηση · 17 Μαΐου 2016 στις 4:57 μ.μ.

 **Kleopatra Alamantario** Μπράβο Μπάμπη !! προχώρα δυνατά !
Μου αρέσει! · Απάντηση · 17 Μαΐου 2016 στις 8:01 μ.μ.

➡  Ο χρήστης Samantzis Babis απάντησε · 1 απάντηση

 **Ioanna Mossiou** Coordinator Ζάλφα! εγγύηση! 🙌🙌
Μου αρέσει! · Απάντηση · 1 · 17 Μαΐου 2016 στις 9:03 μ.μ.



Ο **Samantzis Babis** πρόσθεσε 4 νέες φωτογραφίες — στην τοποθεσία **Σύλλογος Φοιτητών ΤΕΦΑΑ Τρικάλων Πανεπιστημίου Θεσσαλίας**.

19 Μαΐου 2016 · Τρίκαλα, Thessaly · * ▼

Ιδιαίτερα επιτυχημένη η παρουσίαση των αποτελεσμάτων από την υλοποίηση του Sport Tutor Model στο σημερινό workshop. Μετά τη παρουσίαση του μοντέλου οι "elite" φοιτητές/αθλητές-ριες παρουσίασαν τα οφέλη από τη συμμετοχή τους στο πρόγραμμα. Συγχαρητήρια παιδιά!



👍 Μου αρέσει! 💬 Σχολιάστε ➦ Κοινοποιήστε

👍 Ιωάννα Δημάρκου, Efi Katsidou και 30 ακόμη

c) External web/press coverage.

For the purposes of extended diffusion of the proposed workshop a press release was prepared and sent to all the available media at local and regional level. Almost the majority of the local media have included the workshop to their publications (both electronically and printed version).

- ✓ <http://efthia.gr/%CE%B7-%CE%B4%CE%B9%CF%80%CE%BB%CE%AE-%CE%B9%CE%B4%CE%B9%CF%8C%CF%84%CE%B7%CF%84%CE%B1-%CE%B1%CE%B8%CE%BB%CE%B7%CF%84%CE%AE-%CF%86%CE%BF%CE%B9%CF%84%CE%B7%CF%84%CE%AE/>

Appendix I. Photo gallery

Photos:



Appendix II. Attendance list



ΔΕΛΤΙΟ ΠΑΡΟΥΣΙΩΝ

ΗΜΕΡΙΔΑ

19 Μαΐου 2016

ESTPORT: Developing an innovative European
Sport Tutorship model for the dual career of
athletes

α/α	ΟΝΟΜΑΤΕΠΩΝΥΜΟ	ΥΠΟΓΡΑΦΗ
1	Ζουρλατίη Ελένη	
2	Νίκος Τσιδουράς	
3	Αντρέας Θεοχάρης	
4	Αθανάσιος Στεφανή	
5	Μιχαήλ Αριστέ	
6	Ανδρέας Γεωργίου	
7	Ανδρέας Σπυρίδης	
8	Ζήσας Παναγιώτης	
9	Γεωργίου Αριστέ - Προδώρα	
10	Γεωργίου ΒΑΣΙΛΙΟΣ	
11	ΣΟΦΙΑΣ ΑΝΔΡΕΑΣ	
12	Σωτηρίου Μαρία	
13	Καταρίνα Χριστίνα	
14	Αθανάσιος Χρήστος	
15	Σουζάνης Ευάγγελος	
16	Μαυρογιάννης Ιωάννης	
17	Σαβανίτης Γιώργος	
18	Καράτσαντος Νάντια	

